

ABSTRACT OF THE DISCLOSURE

A session relay apparatus for preventing the packet relay delay by detecting the start and end of the policy settable peer-to-peer communication is disclosed. The session relay apparatus for relay a session control message transmitted and received between communication terminals to control the peer-to-peer communication detects the start and end of the communication from the session control message, and acquires the information for identifying a session and the information on the peer-to-peer communication carried out on the session. Upon generation of a policy indicating the packet relay control process by a policy generating unit, edge nodes for passing the packet are searched for and the policy is distributed to the edge nodes. The policy is set in the edge nodes accommodating the communication terminals at the start of communication, and the policy setting is canceled at the end of communication.